

Mediterranean Lamb

Ingredients

2 pounds boneless lamb, cut in 1" pcs
1 cup long-grain rice
1 pound potatoes, sliced
2 onions, sliced
1 teaspoon salt
1/2 teaspoon pepper
1 teaspoon ground cumin
1 pound zucchini, sliced
1 12-oz pkg artichoke hearts, thawed, halved
2 cups diced tomatoes

Directions

Place sliced potatoes in the bottom of a slow cooker. Layer remaining ingredients on top. Pour 2 cups of water over all. Cover and cook on low 8 to 10 hours.