

# Pumpkin Pie Steel Cut Oats

## Ingredients

1 Cup [steel cut oats](#)  
3 Cups water  
1 Cup canned [pumpkin puree](#)  
1 Teaspoon vanilla extract  
1/4 Teaspoon salt  
2 Teaspoons [pumpkin pie spice](#)

optional: 1/2 Cup honey or 2 Teaspoons vanilla liquid stevia\*

## Directions

Combine all ingredients in your Crock-Pot® slow cooker and cook on low for 6 hours.