

Pumpkin Pie Steel Cut Oats

Ingredients

1 Cup [steel cut oats](#)
3 Cups water
1 Cup canned [pumpkin puree](#)
1 Teaspoon vanilla extract
1/4 Teaspoon salt
2 Teaspoons [pumpkin pie spice](#)

optional: 1/2 Cup honey or 2 Teaspoons vanilla liquid stevia*

Directions

Combine all ingredients in your Crock-Pot® slow cooker and cook on low for 6 hours.